



TRAINING
HAUS

SPORTS THERAPY INTERNSHIP

TrainingHAUS.com



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The Training HAUS Sports Therapy Internship offers students an opportunity to learn from our industry-leading team of health care professionals/rehabilitation specialists. This program will provide exposure to physical therapists, athletic trainers, chiropractors, dietitian, strength coaches, sports scientists, and other practitioners. Students will learn how to function in a busy sports therapy and performance setting, and how therapy/rehabilitation merges with sports performance.

INTERN RESPONSIBILITIES

- Therapy/Sports Performance Space Maintenance and Athlete Support
 - Support in the set-up, implementation and recording of rehabilitation and training interventions.
 - Assist in navigating and optimizing the patient's experience at Training HAUS.
 - Assist athletes in our recovery room.
 - Assist in maintaining cleanliness and organization in the Sports Therapy space.
 - Attend weekly in-services discussing programming, research and other related topics.
 - Complete a mutually agreed upon intern project.
- Fueling Station Support
 - Work alongside our sports dietitians to apply sports nutrition knowledge at our Fueling Station and help athletes make healthy pre-/post-workout fueling choices.

INTERN QUALIFICATIONS

- Current enrollment or recent graduate of Associate's or Bachelor's degree from accredited college or university.
- Students with or obtaining a degree in Kinesiology, Exercise Science/Physiology, Biomechanics, Engineering, Athletic Training, Physical Therapy and Medicine are encouraged to apply.
- Current CPR/AED certification.

INTERNSHIP DETAILS

- Sports Therapy Internships are available each academic quarter and will last a minimum of 3 months (12 weeks) in length. Training HAUS is open to the length of the internship but prefers 3 - 6 months if possible.
- A 20 hour per week minimum is required and preference will be given to those able to commit beyond this requirement. A 30 - 40 hour per week commitment is preferred for the summer internship.
- Training HAUS will work with accredited programs to offer classroom credit when applicable. Proper documents will need to be provided by students for insurance reasons.

ABOUT TRAINING HAUS

Training HAUS is conveniently located in Eagan at Viking Lakes. Adjacent to the Twin Cities Orthopedics Performance Center, the new home of the MN Vikings, this elite performance facility brings everything under one roof. With 22,000 square feet of turf, court, studio, and sports science lab space, this is a place for athletes to train, improve performance and recover. Powered by TCO (Twin Cities Orthopedics), every detail that went into the development of this unique facility is built on a foundation of science, research and world-class sports medicine expertise. Training HAUS offers internships in Sports Performance, Sports Science and Sports Therapy.

LOCATION

Training HAUS | Viking Lakes
2645 Vikings Circle, #200 | Eagan, MN 55121

CONTACT US

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[TrainingHAUS.com/Internships](https://www.TrainingHAUS.com/Internships)