



TRAINING
HAUS

A man with a beard, wearing a black cap and a grey athletic polo shirt, is looking down at his waist. He is standing in a gym or office environment. In the background, another man is visible at a desk with a computer monitor.

**SPORTS
SCIENCE
INTERNSHIP**

TrainingHAUS.com



TRAINING
HAUS

SPORTS SCIENCE INTERNSHIP

The Training HAUS Sports Science Internship offers students an opportunity to learn from our industry-leading team of experts, including sports scientists, sports physical therapists and athletic trainers. Through this program, students will assist with data collection, analysis and interpretation using various biomechanical technologies for high school, collegiate and professional athletes. Students will also complete maintenance and administrative duties in the Sport Science Lab at Training HAUS.

INTERN RESPONSIBILITIES

- Assist in sports science data collection, analysis and interpretation utilizing various biomechanical technologies including 3D video motion analysis, force plates, dynamometer and instrumented pressure sensor treadmill.
- Learn and execute specific biomechanical data processing responsibilities.
- Structure weekly research hour for discussion.
- Collaborate and communicate alongside HAUS clinicians and sports performance coaches on data and performance results.

INTERN QUALIFICATIONS

- Current enrollment or recent graduate of Bachelor's degree from accredited college or university. Graduate school acceptance or enrollment preferred.
- Students with or obtaining a degree in Kinesiology, Exercise Science/Physiology, Biomechanics, Engineering, Athletic Training, Physical Therapy and Medicine are encouraged to apply.
- Current CPR/AED certification.

INTERNSHIP DETAILS

- Sports Science Internships are available each academic semester (Spring, Summer, Fall) and will last a minimum of 4 months (16 weeks) in length. Training HAUS is flexible to the length of the internship but prefers 4 - 6 months if possible.
- A 20-hour per week minimum is required and preference will be given to those able to commit beyond this requirement.
- Training HAUS will work with accredited programs to offer class room credit when applicable. Proper documents will need to be provided by students for insurance reasons.

ABOUT TRAINING HAUS

Training HAUS is conveniently located in Eagan at Viking Lakes. Adjacent to the Twin Cities Orthopedics Performance Center, the new home of the MN Vikings, this elite performance facility brings everything under one roof. With 22,000 square feet of turf, court, studio, and sports science lab space, this is a place for athletes to train, improve performance and recover. Powered by TCO (Twin Cities Orthopedics), every detail that went into the development of this unique facility is built on a foundation of science, research and world-class sports medicine expertise. Training HAUS offers internships in Sports Performance, Sports Science and Sports Therapy.

LOCATION

Training HAUS | Viking Lakes
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CONTACT US

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[TrainingHAUS.com/Internships](https://www.TrainingHAUS.com/Internships)